**Children's Hospital Gown SIMPLE SEWING INSTRUCTIONS**

These are SIMPLE instructions on how to sew a hospital gown for a child.  For more detailed instructions please go to this website and download the full instructions at the end of the blog post or read it directly on the blog: <http://www.the-embroiderist.com/blog/2018/1/8/childrens-hospital-gown-how-to-sew-the-gown> Also see the blog post for yardage and a list of supplies.

NOTES: All seams are 1/2" (the edge of the foot). Finish all edges with a zig zag stitch.

***VARIATION FROM THE BLOG POST:*** ***These instructions assume you have purchased*** ***grosgrain ribbon which has been cut 6 pieces 15” long***.

**How to Edge Hem** - Fold the edge of the garment 1/2". Fold the edge of the garment a second time 1/2" (this will encase the raw edge). Topstitch or stitch close to the edge that is not on the fold.

**STEP 1** - Make the pattern and cut the fabric.

**STEP 2** – **Edge Hem Sleeve** - Edge Hem: the top edge of the sleeve; the straight side that has both corners a right angle; and the bottom of the sleeve.

With both wrong sides down, place two of the opposite sleeves on top of each other leaving 5/8" that is not overlapping on each end. The sleeves should have the two hemmed straight edges overlapping in the middle and the two diagonal edges should be on the sides. Zig zag the top edge where it is overlapping. Set the sleeve aside.

**STEP 3** – **Edge Hem Back** - Edge Hem the large diagonal that is 3" less than the other. CAUTION: This edge is on the bias. It will stretch. You may want to pin this to avoid stretching. Edge Hem the top edge and the straight edge that extends from the above sewn diagonal edge. Do this for the second back piece.

**STEP 4** - **Adding the Ties** - On the back piece, pin one tie to the wrong side of the corner of the diagonal and the straight edge that have been hemmed. This is where the long diagonal meets the long hemmed side. It should be about 3/4" from the edge with the length of the tie extending past the garment. Zig zag the tie to the back. Do this for both back pieces. These will be the side ties.

On the back piece, pin one tie to the wrong side of the corner of the diagonal and the straight edge that have been hemmed. This is the top edge and the diagonal. It should be about 3/4" from the edge with the length of the tie extending past the garment. Zig zag the tie to the back. Do this for both back pieces. These will be the neck ties.

Lay the front of the garment with the right side down and the top up. Put the other sewn tie up against this side to determine the tie placement and to make sure they line up.  This is especially necessary for the smaller sizes. For the size Large it was 6" from the diagonal. Pin the tie on the wrong side of the garment. Zig zag the tie to the back.

Do this for the opposite side but turn the fabric over so the right side is facing up. Fold the last tie over and place it in the same place, but on the opposite side and on the right side of the fabric. Pin the tie on the right side of the garment. Zig zag the tie to the back. \*Pin all the ties to the main pieces so they do not get in the way when sewing the remaining seams.

**STEP 5** - **Sew Sleeves to the Body** - With the tops of the front and one sleeve matching at the top, and right sides together, sew along the edge with a straight stitch. Do this for all four sleeve seams.

**STEP 6** - **Sew Side Seams** - With right sides together, match the edge of the sleeves and the sleeve seams. Sew the seam together with a straight stitch. Do this for both side seams.

**STEP 7** – **Edge Hem the Bottom Edge** (see step 2 above) the bottom of the garment. You are finished. Thank you for your labor of love.