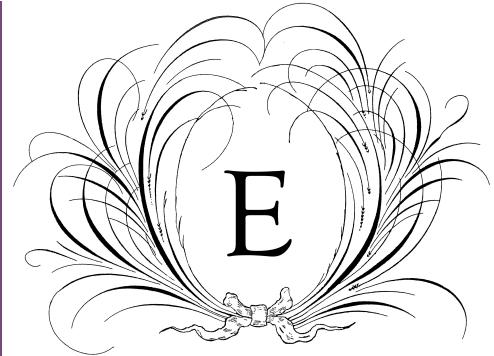


# + Colleen Bell

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A foodie is defined as “a person with a particular interest in food; a gourmet.” (*Oxford Dictionary*) Colleen Bell is a lifelong foodie that has been teaching through the *Connecticut Library Consortium* for the past two years. Her specialty is hands-on, homemade, and natural techniques. Over the years she has had the privilege to bake over 9,000 loaves of fresh milled bread. She is able to develop a curriculum to fit your particular need and specializes in well-researched historical food presentations in authentic costume.



## ADULTS

“Spices of the World” is the most popular adult class as each person has the opportunity to savor over twelve different spices in a variety of delicious bases, but the quick contender is “Homemade Pasta” where each person is provided a kit to craft their own batch of bowties from scratch and taste test fresh pasta with a *San Marzano* sauce. Other classes include *Rosy Pies*, *Cake Decorating*, *Fresh Milled Bread*, *Homemade Hummus*, and many others. Teen classes are just as appealing to adults.

## TEENS



Teens all over the United States love eating pizza, so it is no wonder that homemade pizza is the most popular teen class as each person creates their own dough from scratch, as well as bake pizzas with a variety of toppings right in class with a portable pizza oven. All adult classes are available to teens, as well as *Savory Dips*, *College Cooking 101*, *Mexican Fare*, *Asian Cuisine*, *International Cook-off*, and many others.

## CHILDREN (K & Pre-K, if accompanied by an adult)

Children love helping in the kitchen. Colleen should know, as she has nine children. They especially love hands on classes, which is why “Homemade Pasta” is such a big hit with children as they roll out and pinch their bowties to take home to eat. Nutrition can be exciting when they learn about vegetables that are encased in rice wraps they have colored on with edible markers, then filled with their favorite veggies, or create fruit creatures such as Al the Alligator. Other classes include *Homemade Granola*, *Decorated Cookies*, and many others.

